



# WASHINGTON

Nurse-Family Partnership® is an evidence-based, community health program with over 45 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

# 5x \$ RETURN

EVERY \$1 INVESTED IN NFP SAVES \$5.00 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED<sup>1</sup>

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child's second birthday. Mothers, babies, families and communities all benefit.



## WASHINGTON MOMS

**24**  
Median age at intake

**71%**  
Unmarried at intake

**88%**  
Clients enrolled in Medicaid at intake

**\$6,000 - \$9,000**  
Annual median household income at intake

\*Aggregate data provided by the NSO. Includes state data from 01/01/2022 to 07/07/2023.

**Race**  
54% White  
14% Black or African American  
1% Asian  
1% American Indian or Alaska Native  
1% Native Hawaiian or Pacific Islander  
1% Multi-racial  
13% Declined

\*Aggregate data provided by the NSO. Includes state data from 01/01/2022 to 07/07/2023.

**Ethnicity**  
41% Hispanic  
56% Non-Hispanic  
1% Declined

## OUTCOMES FOR WASHINGTON

\*Aggregate data provided by the NSO. Includes state data from 01/01/2022 to 12/12/2023.

\*Babies born at term are those who reached 37 weeks gestation

**90%** BABIES BORN AT TERM

**96%** MOTHERS INITIATED BREASTFEEDING

**87%** BABIES RECEIVED ALL IMMUNIZATIONS BY 24 MONTHS

**49%** OF CLIENTS 18+ WERE EMPLOYED AT 24 MONTHS



# WASHINGTON

## Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.



**ESTABLISHED: 1999**

**FAMILIES SERVED  
SINCE 1999: 16,589**

**CURRENT FUNDED  
CAPACITY: 2,473**

## NETWORK

- Benton-Franklin Health District
- Clark County Public Health Department
- Chelan-Douglas Health District
- ChildStrive
- Jefferson County Health Department
- Kitsap Public Health District
- Seattle and King County Public Health Department
- Skagit County Family Health Department
- Spokane Regional Health District
- Tacoma-Pierce Public Health Department
- Thurston County Public Health & Social Services Department
- Whatcom County Health Department
- Yakima Valley Memorial Hospital



Matthew Richardson  
360.764.0991

matthew.richardson@nursefamilypartnership.org